

11th July 2018

F.a.o: The Registrar, Assistant Registrar, Ms C Binks, Exec. and others. cc.

General Medical Council, Fitness to Practise Directorate,

3 Hardman Street,

Also: General Medical Council

Manchester

Regents Place 350 Euston Rd London NW1 3JN)

M3 3AW

In regard to my mal-treatment at Aberystwyth Eye clinic by

Mr M. Kulshrestha consultant and Dr.R.O. Paul. assistant.

Dear Sir / Madam,

Page 1 of 7. Sent by recorded delivery.

Your quotation (below) is a very reassuring **mission statement!** - Your statement reads:

" **We work to protect patient safety and improve medical education and practice across the UK.**"

But is *this* true? Or only a GMC rhetorical PR facade? **Do you apply your own rules?**

No reply has been received in regard to my last letter sent to you in June. (copy encl. P 1 & 2.)

This is no surprise, as you made your position clear to me years ago. Nevertheless I have openly written to inform you, the same as I openly showed the medical papers to the doctors concerned, in this my final attempt to convince you of the injury caused by the mal treatment of these doctors. Now I can believe that you already knew all this, and simply chose, as expedient, to belittle and deny all my letters of complaint. Thereby allowing the doctors to continue their mal practice. Bias.

Their series of mal practice was explicitly, accurately and honestly detailed to you (GMC) with my request, for their series of mal treatments and dishonesty, they be struck off your medical register for the safety of others. You showed contempt for my letters and, have allowed them to continue. In this regard I hold you (GMC) as **complicit** with and thereby accessories to their mal treatments.

I asked you to confirm they were struck off by the end of July 2018. To date you have not replied. Please understand I have been seriously injured and my final years ruined by these two doctors. Deliberate mal practice by consultant doctors to cause their patient permanent injury and pain.

You may understand they have sown the wind... this can **never** go away unresolved. When I die: In my will I request my successors to continue this prosecution. While I cannot rule from the grave I leave sufficient means and request them to continue; by all means they feel appropriate.

Why should I care at 80 next? This is a fight over Evil, and **all** whom support their Evil. The GMC. Without end. There is **no victory** for me; pyrrhic or otherwise; only, they do **need** to be stopped. They have disqualified themselves from treating others; by revealing their clear pre-disposition to deliberately harm patients in their care. Not all, but selectively, at will. They do not **think** they can get away with it, they **know** they can - with your full GMC support. Would *you* like to be their next patient? Or your relative, maybe a child? You, the GMC have allowed them to continue. Why?

These doctors tried to **murder me by proxy!** This to cover up their mal treatment. *They* dug their hole deeper; and Good *must* prevail for the safety of others; even if I am not alive to see it. By you allowing these doctors to continue you fail to protect the public. Contrary to your statement above.

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Dear Sir / Madam,

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Your quotation (below) is a very reassuring **mission statement!** - Your statement reads:

“ **We work to protect patient safety and improve medical education and practice across the UK.**”

But is *this* true? Or only a GMC rhetorical PR facade? **Do you apply your own rules?**

I swear on oath the following to be true:

Upon referral to Aberystwyth eye clinic I was seen by Consultant Mr. M. Kulshrestha & Dr R.Paul his assistant. After their examination the consultant said I had an e.p. of 22 and 24. (approx.) and, if this is not reduced I would develop Glaucoma. Irreversible, with no cure. (These actual numbers are not as the NHS report it.) I had perfect eye sight for my age; I could read to the **bottom** line of the eye chart with each eye; and had passed for flying (prov.) etc. Therefore: he could (or should) have said: “come back in 6 months and we will test you again.” Instead, he worried me with the threat of Glaucoma, saying “ it was important I put one drop of Lumigan in each eye at **bedtime**.”

This, his instruction, I obeyed. He repeated this instruction of one drop in each eye at bedtime at every frequent examination. In fact so often, one time I asked “why bedtime?” The reply was it is the “optimum time” for the Lumigan to work. Following his prescription, a few weeks later I awoke one morning, blind! My GP returned me back to the clinic and I asked the consultant “why”? Why had I now gone blind? After his re-examination he replied: “You have NAION. This can happen to anyone at anytime. It has *nothing* to do with the Lumigan drops, a perfectly normal medication.” And, “there is nothing he can do to correct it. There is no medication to cure it, and I would likely lose all of my sight *permanently*, soon.” Go home. (blinded) “There is **nothing** he can do for me.” I said in reply: This was unacceptable. My eye sight **had** been perfect. He had prescribed me into using Lumigan drops to “save” me from Glaucoma and, made me blind! Now, refusing to help!

I researched the treatment he had prescribed and what he had said to me, and found on the web several published medical papers, one by a professor of eye medicine, who categorically writes:
1. Lumigan eye drops, a perfectly correct medication for elevated eye pressure, *has* to be applied **no later** than in the evening. A fact born out by the GMC formulary of which this consultant *would* be aware. Application later than evening can almost certainly cause awakening blindness. NAION.
2. If treated within **14** days (the “window of opportunity”) a 75% success cure rate can be obtained. I returned to the clinic to inform the consultant and to ask **please** give me the medicine to cure me. He rubbished the papers; saying there are lots of them. He refused to give, or even **discuss**, with me **any** medication, or help, whatsoever. Just go home, blind. This, from my Consultant Doctor.
Mal-treatment No. 1 His miss-timed medication - well known to instigate NAION. (blindness)

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Dear Sir / Madam,

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A week or so later Dr Paul said he wanted to take an e.p. reading, like he had taken several times before. He put anaesthetic drops in my eyes, my head on the machine cradle, placed an object on the end of the probe, and punctured (stabbed) my right eye. He removed the object off the probe, returning it to his left hand jacket pocket as he rose up from his chair, and rapidly left the room. All completed in less than 1 minute! He has not seen me since he did this violent assault upon me.

When the anaesthetic wore off the pain in my eye was **intense**. Like a toothache; only one I could not remove. This intense pain lasted for **4 months** and at one point after 3 months, the pain was so bad, **day and night**, never ending, I was tempted to take my eye ball out! It was only the single thought - once out, my eye could **never** get better, that stopped me. My eye is *still* sore to this day. This was a cowardly underhand physical injury. Deliberately done. Abusing my trust for the doctor.

Note: No readings were taken or written down. The injury pain delayed by the applied anaesthetic.

His **speed** of execution revealed a planned vicious assault. One without any medical foundation.

Mal-treatment No. 2 A criminal personal assault, meant to cause eye injury. (damage)

Now the consultant said he required an MRI head scan. He said to me "there may be a fault at the back of my eyes and, he would like an MRI head scan to see if there was a problem." I reluctantly agreed to his insistence because I still hoped he would help me (he is a consultant!) He said it was perfectly safe, like an X-ray. He just *may* be right, and be trying to help me? **Still**, I believed in him!

I attended for the head MRI scan, lay on the table with my head in the cradle at just after 9.10 am. My appointment was for 9.15. but I arrived a few minutes early. The scanner ran continuously for **80** minutes, until 10.30 a.m. (by a large clock over the doorway.) I had almost passed out, but, the machine stopped buzzing and the lady **lifted** me off the table. I was *unable* to stand for a while and had difficulty leaving. While I rested I asked the lady (radiologist) "Why had it taken so long?" The lady replied: "The scans were done according to the Consultant and I would have to ask him." Soon after leaving the head pain started. My head felt steel "bound" and trying to burst. The worst head ache I have ever suffered. This pain lasted day and night, for **three years!** Trying to get *any* respite from this head pain was impossible. These doctors now decided to *never* see me again.

Mal-treatment No. 3 MRI H/Scan: **Criminally excessive multiple** scans to inflict personal injury.

Back at home, blinded and in severe head and eye pain, these doctors now reported: I was a druggie; I had demanded medications; that I had missed appointments; etc. **All untrue!** Slander. All just to discredit me; to justify removing me off their list. In only a few months, these two doctors had made me, a man in good health and excellent eyesight, blind and in continuous severe pain. Then, *decided* not to help me in any way; to slander me to the NHS; to discredit me. **Why?**

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Dear Sir / Madam,

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Allow me to explain why. It has taken me three years to get free of the head pain and, while I still suffer the side effects of his MRI head scan, loss of balance, e.g. falling in the street / roadway etc. and other side effects, the head pain is *mostly* gone now. I am still blind in one eye, which remains sore from the deliberate, vicious, physical stabbing committed by Dr Paul. It took me another year to overcome my total disbelief and reasoned why. To realise why **any** person, especially doctors, could be so cruel to anyone this way. The reason was realised in March of this year. This is why.

Consider **their** position: They are expert trained and well informed consultant doctors. They **know full well** what they are doing. They do this every day. i.e. prescribe Lumigan and order MRI scans. As a *consultant* he would be aware of the formulary rules and, he admitted to me when shown the medical papers, that he had knowledge of them and the contents. These he had to rubbish. Why?

Because (in mal treatment 1.) he had clearly **miss-timed** his Lumigan medication, saying bedtime, instead of evening. A number of excuses can be given for this but, for a consultant who prescribes this perfectly correct medication daily, are **any** of them likely? No. So, was his prescription of the **bedtime** application for me deliberate? **Knowingly** contrary to the medical formulary? I believe so.

For now; let us give him the benefit of the doubt. When I showed him the medical papers clearly condemning his miss-timing and contrary to the formulary, he realised he was in trouble. What can he do about it? If he admits it was an "accident" he would be incompetent. And, if he denies it, to explain is even worse, it would be seen as deliberate. He had to find a cover-up solution. He did.

I believe he colluded with his assistant Dr Paul such that, if they could create a "defect" in my eye it would cover up their miss-timed Lumigan drops. Better even; if they could induce a head related "illness" connected with my eyes, this could completely hide what they had done. They decided to do both. Dr Paul would puncture my eye to cause sufficient pain and damage to push me to forget the miss timed Lumigan with a **real** pain in my eye. If this failed, their "own induced, head related" illness e.g. a stroke seizure embolism or similar, would give them an excellent medical "cover up."

Hence his head MRI scan. This consultant **knew**, by ordering sufficient multiple head scans, he could induce a stroke, seizure, or similar head-eye related "illness." One to render me incapable of making any coherent complaint, and, his plausible excuse for the blindness he had instigated. With luck, this could cause my premature death with no blame on them, - then it **all** be forgotten. All he had to do was.. get me to have an MRI head scan and, order multiple scans, to do the job.

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This almost worked! Foiled, only by the radiologist switching off the machine, was I saved. (Thank you, lady radiologist.) This lady likely knew, or was well aware his **80** minutes of MRI head scan, achieved not by specifying *any duration* - but by him specifying a **multiple number** of scans, was **grossly excessive**. **Dangerously** exceeding the maximum safe time limit allowed of **60** minutes. He knew the lady had to complete the scans he ordered with no blame directly falling upon him. All that remained for these doctors to do was to get me off their books by some discrediting, and, let their plan hatch out. They did do a good job of the discrediting. The NHS CEO believed them! Writing to me saying: " It was **all** my fault, I had done it to myself, taking drugs! etc." (Clear off!) These doctors are *very* plausible, with no problem at all of being dishonest. A very skilful cover up.

With the utmost respect for doctors - I have been very grateful to them all my life. It has taken me **years** to realise what these doctors were up to. From innocence; to disbelief; to struggle with GMC contempt; suffering in blindness and continuous pain; maliciously and needlessly caused by them.

If you can offer any other explanation as to why these clever, trained, expert, doctors made such a "disaster" of the treatment they gave me, please *do* explain to me. Note: Their treatments were:

- 1) **Contrary to the GMC medical formulary.**
 - 2) **Condemned in many published medical papers;** of which, he admitted to me, he was aware.
 - 3) **His treatments were obviously damaging to the patient** (me) getting progressively worse.
 - 4) **He refused to *discuss* any means or help for my recovery.** Consultant doctor denying help!
 - 5) **To fulfill their plan their dishonesty was required.** They gave it to me throughout. In their false glaucoma and MRI scan details; that there was no cure; their slander on my conduct; etc.
- n.b. I have never done illegal drugs in my entire life. I have never demanded medications. Asked yes, but I understand doctors have a responsibility in their prescriptions. Have never knowingly missed any un-cancelled appointments. (ref. available.) *They say, what is necessary, for effect.*

Just as boxers can use their fists, these doctors used their expert medical knowledge to injure me. Can you give me a more plausible explanation for their mal treatments? If yes please let me know. If not, I ask you *respectfully* to remove them from the medical register for the **safety of others**. I have explained *all* this several times to the GMC. Requesting for their series of mal-treatments and dishonesty, they be removed from the medical register. (Struck off) for patient safety. They have shown me a pre-disposition to selectively harm patients; **knowing** they can safely do so with GMC support. They do not **think** they can get away with it, they **know** they can, with your support.

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Dear Sir / Madam,

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The mal treatments of these doctors are deliberate acts to cause **personal injury**. They were not accidental, not even negligent, for they were **fully aware** of what they did to me at all times. Their treatments had **no medical foundation**, my eyes were perfect. They had no excuse to mal-treat me. They used deliberate surreptitious and violent acts specifically to inflict personal injury on me. To cause blindness and years of continuous pain without correction. Mal treatment off **any scale**. Unbecoming by doctors given their patient trust. I have survived; to realise and try to save others. They made me blind, destroyed my life, then tried to kill me! You, the GMC, support them in this! Every day I carry their cross; one they have put upon me. A daily reminder in blindness and pain.

No one wants to write ill of another. Especially of doctors who can do *so much* for you. In this case they know full well what they did to me. They know I know; with genuine reasons to be critical. Undoubtedly they *can* do good work, but they have shown me and likely others, a far darker side. For their own reasons, perhaps experimental, maybe simple dislike, only *they know* why they do this. Many would never know, nor even question why? Ignorance is bliss. Regrettably it has fallen on me to expose their Evil. I use that word because I can find no other to encompass their actions.

To knowingly make another person blind, to stab them in the eye, and then subject them to an 80 minute continuous MRI head scan, in a covert attempt to kill them by proxy, has to be seen being *more* than sadistic. Simply Evil. I can find no other word for it, by doctors to whom I gave my trust.

For you (GMC) to tell me their treatments conform to your formulary! With your comments I quote: "...The decision maker applied the correct test.... the (my) allegations, if proven.... The medical examiner...(whom?)there was no risk in taking Lumigan at bed time... that the Lumigan drops could not cause NAION.... there is no proven link between an MRI head scan and headaches ...it is not ordered (MRI head scan) by length....given the information available to us (?)... there is no evidence,..aside from (my) assertions...the doctor cannot be criticised (!)...etc." all GMC words.

This shows with what contempt you (GMC) have for my genuine complaint of mal treatment. I have no reason to lie; nothing to gain; no help with a cure; only your denial; refusal to believe me. How can your mission statement ever be valid? You deny all that I say, which actually did happen.

All my letters of complaint have been belittled and denied by the GMC. The GMC have allowed these two doctors to **continue** their mal practice to this day. The GMC (staff) who are **complicit** with and thereby **accessories** to, their mal practice. The GMC reveal a disregard for public safety.

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I ask you to understand this is not all about me. I am only a **symptom**, of what they are capable. Naturally this is an inconvenient truth for you; an unwelcome task to remove them off your registry. But: it is by **your rules** these doctors have **disqualified** themselves; with their own series of mal treatments and dishonesty. Is it so incumbent upon you to apply your own **rules**? To save others?

By abdicating to do so, you allow these doctors to continue to ruin more lives. I am not a one off; with good reason to believe they have done it to others, and will again, taking advantage of your support. Your denial / contempt of my letters of complaint has a **price**. To be **paid** by their victims. You (GMC) perpetuate their danger, **not** ".improve the safety..." Please be quite clear on this fact. They made me blind with years of pain. Deliberately needlessly viciously; they are unsafe doctors.

This is not a game, of trade-offs where they can do what they like, to a few, for looking after many. Every *one* of their patients deserve their dedicated care and respect. Not to be deliberately made blind by their mal treatment, which did not conform to your formulary; nor all the medical papers. Then, to use attempted murder by proxy, to cover-up what they should never have done, to start.

Summery: Can you (GMC) act on your mission statement and **stop** these doctors hurting others? There is only one way. Or are your words "*We work to **protect patient safety**..*" rhetoric? Why do you fail to make them true? By allowing them to continue you (GMC) **endanger** many others. How *can* you allow this? How *can* this apply to your mission statement? Are your words false?

I write **openly** to you; just as I did with the doctors; *to help*. I write only the *truth* in this just cause. The *only way* I have left is criminal charges. These include: (by me, or my successors, if dead.)
1) The Consultant: (Attempted murder by proxy and GBH) 2) Dr Paul: his assistant: (GBH.)
3) The GMC staff: For complicity and accessory to their mal-practice against the public safety.

I ask you to re-consider your GMC decision, - to support these doctors before my legal action. I hope with all my heart you can accept the validity of my request. If, as you say, it is *your* (GMC) *mission* to "Protect patient safety.." they need to be struck off the register; or *you fail* to protect us. Personally, I consider it is your duty - to prevent others suffering from what they did to me. Period. Please can you confirm by the end of July these two doctors have been permanently struck off the medical register to cancel my legal action. Thank you for your fair consideration. I tried to help the doctors; I have tried my very best to convince you, the GMC, and, I would prefer not to go it alone.
Yours most sincerely,
Jerome Thomas.